



Saturday Night News

For Members of the Canadian Association for Disabled Skiing – Calgary Zone

Nakiska Day Trip

Registration Forms Available

Registration forms are now available from your supervisor or the Info Table for our annual day trip to Nakiska on **Saturday, February 25**. This trip is an extension of the CADS Friday Night lessons and provides an opportunity for qualified students to experience mountain terrain with an instructor. There is an additional cost to students for this trip as it is not part of the regular lesson series.

Students are required to meet a minimum level of skiing/boarding ability to participate. Details are provided on the registration forms. All students require their **supervisor's approval** to attend the trips, and instructor pairings must be approved as well. Before you turn in your form, make sure you have your supervisor's signature.

The eligibility criteria includes being able to:

- Ski independently from the top of COP.
- Load and unload from a chair lift.
- Ski without the use of a tether (exceptions are those students within the sit ski program).
- Be capable of spending a full day at Nakiska with regards to independence, endurance, health and behaviour concerns.

Note to Instructors...

Instructors are not required to pay for their lift ticket or the bus as long as you are paired with a CADS student for the day. Rentals for volunteers will be available if needed, however we are unable to cover rental fees.

If you have any questions about the Mountain Day Trips, please contact Shaun Collins at shaundcollins@gmail.com.

Transportation...

Transportation will be offered via a washroom-equipped Highway National Motor Coach. Please note that this bus is not wheelchair accessible. Students and paired instructors will receive priority for bus transportation.

CADS Casino Volunteers Needed!

We are looking for a minimum of 40 volunteers to help at our upcoming casino at Casino Calgary on **June 25/26!** This is a significant fundraiser for CADS Calgary - please help! Visit the Info Table to pick up a casino volunteer application.

2012 Calendar

Regular Lesson Nights

The lesson nights remaining for this year are:

- ▶ Friday, Feb. 10
- ▶ Friday, Feb. 24
- ▶ Friday, March 2 (also Volunteer Appreciation Night!)
- ▶ **Sat., March 3** - Family Fun Night*!

**Please note, Family and friends are invited to begin skiing at 6 pm, lessons will take place at their regular time from 7-9 pm.*

Thursday Night Instructor Clinics

Instructors are strongly encouraged to attend our remaining training nights. The clinics provide extra training for your respective CADS group and an opportunity for personal ski/snowboard improvement. Remaining training nights are:

- ▶ Feb. 9, 23
- ▶ March 1

Festival Registration Open!

Online registration for the **2012 CADS Festival** in Kimberley is now open! The event runs Sun., March 11 to Fri., March 16. Students, instructors and participants are encouraged to register as soon as possible - students receive an Early Bird discount until Feb. 10! Registration deadline is Wed., Feb. 29.

See page 2 for information on registration fees and festival bursaries!

Visit www.disabledskiing.ca to register and for more details, including information about accommodations.

CADS Alberta Festival Bursaries

There is still time to apply for a CADS Alberta bursary to attend the 2012 CADS National Festival in Kimberley.

CADS Alberta is offering three grants of \$500 each. To apply, please submit a letter requesting consideration for the grant. Letters can be forwarded to CADS Alberta, attention Allyson Szafranski, at info@cadsalberta.ca. Preference will be given to first-time students, regional representation and perceived need.

The application deadline is March 1.

CADS National Awards

Each year, CADS National recognizes members and volunteers who have contributed in outstanding ways to the promotion and development of adaptive skiing in Canada. Last year, our own Tess Beasant, a 3-Track student, was named Student of the Year. If you have someone in mind who you think is worthy of recognition, please take the time to nominate them.

The award categories include: Administrator of the Year, Volunteer of the Year, Disabled Skier/Snowboarder of the Year, Instructor of the Year, the Karl Hilzinger Award and others.

Award category details and the application form are available on the CADS National website at www.disabledskiing.ca. **Nomination deadline is February 10th.**

Big Mountain Camp Feb. 18/19

The Big Mountain Camp is a province-wide program to encourage members in local programs to provide 'advanced' ski/snowboard improvement and experience varied ski terrain and conditions in the mountains. The camp focuses on both student *and* ski instructor/coach development and will allow members from across Alberta get together and HAVE FUN!

The camp, which runs Feb. 18 and 19 at Nakiska, is open to all CADS Alberta members, adaptive skiers and snowboarders (who can independently handle blue runs), and CADS instructors who want to learn more about intermediate and advanced adaptive teaching strategies. The camps are **free**, but participants are required to cover the costs of travel, accommodation, meals and lift tickets.

For more information, contact Allyson Szafranski at CADS Alberta, info@cadsalberta.ca or Jamie McCulloch at Jamie@rmasc.ca.

CADS Festival Packages

Student Lesson Package: \$425 (\$450 after Feb. 10) - Includes daily lift pass, daily on-hill lessons, access to all activities and events, one banquet ticket (\$50 value).

Festival Instructor: \$50 - Includes lift pass and access to: training sessions, CADS certification course, all activities and events, one banquet ticket.

Festival Attendee: \$100 - Includes access to: discounted lift passes, training sessions, CADS certification course, all activities and events, one banquet ticket.

Visit www.disabledskiing.ca to register and for more details, including information about accommodations.

Friends & Family Night Rental Fees

Friends and family members who are planning to rent equipment tonight must visit Guest Services no later than 7 pm to pay for their rentals before heading over to the Rental Shop. Rental fees are as follows:

- **Peewee** (5 and under) - \$8
- **Junior** (6-12) - \$16
- **Adult** (13+) - \$24

Next Friends & Family Night - Sat. March 3!

Friday Night News

is produced by the CADS Calgary Marketing and Volunteer Development Committee. To submit an item for FNN, email info@cadscalgary.ca.